



Older Better:

A strategy to promote a healthy and active life for older people in Leeds

Annual report year three:
April 2008 – March 2009

Contacts

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Introduction

Older Better, launched in 2006, is Leeds' five year strategy to promote a healthy and active life for older people in the city. Ten priority areas were identified within the strategy for a "life worth living for older people":

- Have access to comfortable and secure homes
- Have an adequate income
- Live in safe neighbourhoods
- Be able to get out and about
- Have the opportunity to develop and maintain friendships
- Have access to learning and leisure
- Be able to keep active and healthy
- Have access to good relevant information
- Be actively involved in planning and decision making that affects them.

The strategy is delivered through annual work plans. This document reports on progress during the strategy's third year 2008-09. The year three work plan prioritised four priority areas:

- Reducing social isolation by increasing opportunities to develop and maintain friendships and access to learning and leisure.
- Ensuring an adequate income, by reducing pensioner poverty
- Keeping active and healthy, by increasing physical activity opportunities
- Have access to good relevant information.

This report also documents additional work undertaken during 2008-09 to deliver on the remaining priority areas.

This work was undertaken by a range of partners listed at the end of the report.

Work to ensure older people have an adequate income	
Task	Update
Target poverty work at older people who live in the 10 per cent most deprived Super Output Areas of Leeds	Practitioners from Leeds PCT Neighbourhoods team who work with partners ensured information was disseminated to older people re handiloan scheme, benefits information, Infostore, your money matters project, fuel poverty information, Leeds Credit Union.
Increase take up of the following benefits: Attendance Allowance, Disability Living Allowance, Carers Allowance, Council Tax Benefit, Housing Benefit, Pension Credit, Winter payments and concessionary travel	Four benefits information sessions were delivered to people who work with older people.
Ensure older people's interests are acted upon by Leeds Financial Inclusion Partnership	Age Concern represented older peoples interests at FIP meetings
Ensure older people have the opportunity to increase their financial literacy skills	The "Your Money Matters" project was delivered as a partnership between Help the Aged, Barclays and Leeds Older People's Forum. <ul style="list-style-type: none"> • £498226.66 of debt has been dealt with • £32433.04 of debt has been written off • £214,107.66 of additional benefits have been secured for older people • 58 Awareness Raising Sessions have been carried out attended by 1166 older people • 140 new clients have been seen for one-to-one advice and • An additional 515 people have been given one-off advice.
Widen the financial impact of home visits carried out to assess benefits for older people	The lessons learned and evaluation report from the streamlined assessment pilot were made available to all organisations carrying out welfare benefits home visits in Leeds.
Increase the knowledge base around DLA, AA and Pensions Credit in	Courses on "Disability Living Allowance and Attendance Allowance applications" and "Benefits for Older People" were delivered by the social care

voluntary sector organisations	benefits group to social care staff.
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Work to reduce social isolation and loneliness experienced by older people, incorporating delivery on action towards the two priority areas: have the opportunity to develop and maintain friendships and have access to learning and leisure

Task	Update
Share learning and good practice around reducing social isolation	Social isolation event held for 100 multi-disciplinary front-line staff on the 17 th September, Leeds Civic Hall.
	Social Isolation Peer Support Group Network supported, meeting held on the 25 th February 2009.
Explore innovative ways to identify socially isolated older people and how to link them in with services	Social isolation learning event recommendations have been developed into an action plan for 2008/9, and incorporated into Older Better Action Plan for 2009/10.
Reduce loneliness of older people in care homes	Befriending project which recruits volunteers to befriend older people in care homes has been initiated by Age Concern Leeds. Currently has 21 volunteers and eight care homes involved, city-wide.
Promote Infostore to older people	All Being Well Market Stall held a week of events w/c 29 th September. Attended by 745 older people
Support older people to access lifelong learning opportunities	Joint national life long learning event held on 8 th May 2008 by NIACE and Leeds Older People's Forum Lifelong Learning Network with 80 participants.
	Gladys Roberts Life Long Learning Award 2008 awarded at International Day of Older People. Press coverage appeared on Look North - October 2008. First meeting held for Gladys Roberts Award 2009 – March 09.
Ensure frontline workers have information about how to support older people who are socially isolated	Social Isolation Resource Pack 2 nd edition, updated, printed (700 copies) and distributed in July 2008. Copies targeted to all GPs and social work teams and also select primary health care teams. Third edition planned for July 2009. Social Isolation Resource Pack issued to all wardens in West North West and Aire Valley areas, with positive responses. All West North West Homes Wardens engaged with Save Your Sight Campaign and using checklist.
	Four social isolation training sessions delivered: Aire Valley Homes (x2), West North West Homes (x2).

Increase knowledge about what works with older people who are socially isolated/hard to reach	Big Lottery Research Grant Application to be submitted May 2009. Working group set up between Leeds Older People's Forum, Adult Social Care, Leeds University, Leeds Metropolitan University.
Strengthen leadership and coordination to work to tackle social isolation faced by older people	Agreed that an action plan would be devised following the commitments and recommendations of the 'Isolating Challenges' Conference, September 2008. Action plan for 2008/9 and 2009/10 completed. 2009/10 under discussion with Adult Social Care.
Reduce social isolation faced by older people with dementia	Report and recommendations on the impact of a series of training courses for volunteers on working with older people with dementia was completed and submitted to Jenny Thornton, Mental Health Lead, Strategic Partnership and Development Team.
Promote events held in the libraries to socially isolated older people	Increased libraries involvement in International Day of Older People 2008 – three events held open to all older people. Reminiscence Packs distributed to LOPF membership.
	LOPF have promoted library events (Day of Dance) to all membership.

Work to ensure older people are able to keep active and healthy

Task	Update
<p>Increase capacity in Leeds to deliver exercise for older people</p>	<p>A second cohort of EXTEND training was commissioned. The training was advertised widely, through older people organisations and the local press. Twenty five people applied to take part in the training, 11 people completed the full training course. The newly qualified instructors have run 20 taster session in 20 care homes and neighbourhood network schemes. H3+ practice based commissioning consortia have commissioned the instructors to run local sessions, initially six classes per week for a three month pilot for patients with long term conditions including Chronic Obstructive Pulmonary Disease (COPD) from early 2009. A full list of classes is available form Jessica Brook: jessica.brook@nhsleeds.nhs.uk</p>
<p>Raise awareness of evidence based levels and types of physical activity recommended for older people with frontline staff who work with older people</p>	<p>The Leeds Physical Activity Training Toolkit has been developed and will was launched alongside the Leeds Physical Activity Strategy in December. It has been used to train up two staff who work with older people to date and further training is planned for 2009 – 10.</p>
<p>Highlight benefits of physical activity to older people using multi media</p>	<p>Information regarding the DVD on physical activity and older people produced by PRIAE was widely disseminated to voluntary sector organisations that work with older people.</p>
<p>Increase capacity in the community for older people to be supported to take part in regular physical activity</p>	<p>The Older and Active project has trained nine Community Health Educators, who are now running sessions in the local community. Another 15 are undergoing training at the moment (due to complete training May 2009). In total there will be 24, working alongside older people using a community development approach to motivate and empower older people to participate in physical activity. The Older and Active Project worked with a total of 228 older people so far. This is through EXTEND taster sessions, healthy eating sessions etc. Where information was provided on available activities/sessions and tried to motivate older people to participate in physical activity. As a project Older and Active has four regular EXTEND classes in different locations, which the CHE's work on to motivate older people to</p>

	<p>participate, there is an average attendance of 33 older people on a weekly basis. The project has also developed a weekly walking group, cook and eat sessions and Nintendo Wii sessions, which have involved around 10 older people at each session.</p> <p>The project has worked in both community settings and care homes and sheltered housing.</p>
Increase older people's access to dance opportunities	<p>Leadership and coordination was provided to partners to support them to deliver dance events targeting older people. A Leeds Dance Network was pulled together including representatives from Otley Action for Older People, Richmond Hill Elderly Action and the Feel Good Factor. The network planned a successful taster day which took place in September which was attended by 100 older people from across Leeds who had the opportunity to attend a range of different dance classes including salsa, Bollywood and jazz. Future events have been planned using the feedback received in the evaluation of the day. Different members of the dance network have taken the lead on delivering five local dance events. The aim of these events is to link with local neighbourhood organisations to increase dance opportunities locally for older people. These sessions will be the beginning of a regular programme of local dance events. Three have been held to date and two more will be delivered in April and May 2009. In order to secure the sustainability of dance programmes a long term aim of the programme is to recruit older people who are interested in completing a dance leader award.</p>
Increase older peoples access to swimming	<p>Leeds City Council to provide free swimming to all Leeds residents aged 60 and over from April 2009. The Older People's Strategic Partnership has commissioned a piece of work to be delivered from January – June 2009 to raise older people's awareness of the scheme and target disadvantaged older people to support them to take up this opportunity.</p>
Commission projects to provide physical activity opportunities for older people	<p>A grants scheme for older people and physical activity was set up. Plans are in place to ensure learning from projects is shared. A £10,000 fund was made available to groups/organisations that wanted to increase older people physical activity levels. 34 groups applied for grants of up to £2000 each. 12 projects received grant funding for amounts between £500- £2000. A range of projects received grant funding including gardening, dance, Extend, Nordic walking and swimming lessons. All</p>

	<p>projects that were awarded grant funding will write a learning report on completion of their projects.</p>
<p>Improve older people's access to food</p>	<p>A research project exploring the food access needs of older people was conducted in the Richmond Hill area. The main findings from the research are available from jessica.brook@nhsleeds.nhs.uk. An action plan has been formulated and will be delivered as part of older better 2009/10 action plan.</p>
<p>Improve older people's wellbeing</p>	<p>A multi-agency steering group consulted with older people about their attitudes to mental health. As a result a booklet about how to maintain positive mental wellbeing is being developed in partnership with the national charity Mental Health Foundation. New Age Concern leaflets about depression that challenge the view that it is an inevitable part of ageing are being distributed in a systematic way throughout the city. Currently the group is considering other gaps, such as a leaflet about the warning signs for suicide.</p> <p>A discussion paper considering shopping as a means to reduce social isolation experienced by older people in Leeds has been completed and recommendations will be taken forward by the Health Improvement Specialist for Older People in 2009.</p> <p>Public Health is working with the Continence Team to promote continence support to prevent isolation relating to continence needs. A communications plan has been drawn up to target older people, their carers and organisations that work with older people.</p>

4. Have access to good relevant information

Lead: Mike Sells

No.	Task	Action	Update
4.1	Good information for older people in Leeds available on Internet	Launch, publicise widely and develop InfoStore website.	InfoStore launched, marketing plan set in action with promotional pens, stickers and leaflets. Development continues with new information added. Monthly updated newsletter. We have had over 5000 hits in one month.
		Review and improve information for older people on LCC website.	Information has been improved and more links added to InfoStore.
4.2	Older people able to feedback/comment on services/provision	Interactive capability developed on InfoStore.	Interactive facilities will be added in the next stage of development during 2009.
4.3	Information specifically orientated for older people from BME communities available over Internet	Information about services in range of formats – languages and video supported - developed on InfoStore.	Video clips about benefits in several community languages have been added and this information is also available on DVD.
4.4	Good information for older people available on paper widely across Leeds	Develop, republish and distribute 'A-Z of Services for Older People' directory.	24,000 of the new A-Z produced and distributed across Leeds. Feedback cards returned in good numbers and these show that people find the directory is very useful.
		Develop and distribute new Adult Social Care leaflet.	New leaflet produced about Self Directed Support.
4.5	Good information for older people available from/via large number of	Support organisations (e.g. Neighbourhood	Support/training/equipment has been provided for a small number of organisations. We will continue the programme of

	partner organisations in Leeds	Network Schemes) in enabling older people to find and feedback on information and services.	support/training/equipment into 2009/10.
4.6	Ensure better coordination of information provision to older people from organisations involved in social care and health provision	Develop communications group to coordinate work.	Group planned to begin during 2009.
4.7	Commission Information Prescriptions (IP) across long term condition groups	Evaluate and mainstream low vision and dementia IP pilots in Leeds	<p>Evaluation of both pilots was very positive and the work has now been mainstreamed.</p> <p>LPFT are leading on the Dementia IP - Based in Memory services.</p> <p>Action for Blind People (with RNIB) have been jointly commissioned by NHS Leeds and Adult Social Care to lead on the Low Vision IP - Initially based in the Eye Clinic in LTHT.</p>
		Share learning across client groups and identify priority areas for implementation	<p>ASC and NHS Leeds have commissioned the Stroke Association to develop IPs for people with stroke and other neurological conditions.</p> <p>ASC are developing a programme to roll out better information, based on IPs across all adult groups.</p>
4.8	Support older people to develop their ICT skills	Run learning sessions in libraries for older people on how to use computers and the Internet	1301 people who listed their occupation as retired attended basic computer learning sessions in libraries between April 2008 -March 2009. This represents 48.9 per cent of learners.
4.9	Ensure older people are aware of the services Leeds Libraries	Develop and deliver a publicity campaign	A new advocacy sheet targeted at older people has been produced and is being used by community development

	offer including access via telephone	targeted at older people	librarians as an outreach tool.
4.10	Ensure housebound older people can access library services	Deliver the At Home Service to older people who are house bound, live in sheltered housing, or residential care	As a result of a recent publicity campaign an extra 44 people have signed up for the Home Service. A new mobile targeted just at older people is being investigated.

**In addition the following work was delivered to meet the remaining
Older Better aspirations**

<p>Review of the Leeds Neighbourhood Network Schemes</p>	<p>Leeds Neighbourhood Network Schemes are central to delivering against the Older Better priority areas. Each scheme covers a specific geographical area and is run by local people. There are 36 schemes across the city. Over the last 20 years disparities have evolved in the schemes in capacity and infrastructure. In order to address these disparities and develop a more rational and evidence-based joint commissioning process, a project team representing a number of different stakeholders was set up to carry out a city-wide service review, re-specification and procurement process for all the NNS in Leeds. Through consultations and information gathering, a folder of evidence has been collated to inform the decision making process. This information was discussed at two “Options Appraisal” days which were facilitated by the LCC Risk Management Unit and attended by ASC and PCT commissioners, to make key decisions. It was agreed the purpose of NNS was to reduce social isolation of older people, provide a gateway to advice information and services, enable older peoples participation and involvement in the schemes and wider community, support older people to remain to live independently in their won home and to promote health and wellbeing. It was agreed that schemes should be locally provided, so funding should be available using current NNS boundaries but that collaboration would be welcomed and encouraged. It was agreed a funding formula would need to take into account the demographics of the area NNS covered. A fair funding formula has been developed, a draft service specification has been written, ASC and NHS Leeds are currently seeking additional funding to increase the pot of money available to NNS. It is hoped three year contracts with the option to extend to five will be in place from April 2010.</p>
<p>Have access to comfortable and secure homes</p>	<p>Care & Repair Leeds is the home improvement agency for Leeds, providing a wide range of services to support older people and disabled people to live independently in their own homes. These services include: <i>Home maintenance service</i> We have carried out essential repairs to the homes of 416 older people over the last year, including heating repairs, roof repairs, improvements to security and home safety.</p>

	<p><i>Disabled adaptations</i> We have carried out 25 large house extensions over the last year to allow disabled people to remain living at home and 1709 minor adaptations to allow people to leave hospital as soon as their treatment is completed or prevent them from going in.</p> <p><i>Home security improvements</i> We have carried out 810 home security improvements in the homes of older people over the last year in order to reduce the risks of burglary.</p> <p><i>Falls prevention service</i> Our falls prevention service carried out risk assessments and environmental improvements for 694 older people over the year, reducing the risks of older people falling in their homes.</p> <p><i>Handyperson service</i> We were able to carry out 213 handyperson jobs, targeted at repairing heating systems and essential plumbing and electrical faults.</p> <p><i>Home delivery service</i> Our home delivery service carried out 4142 deliveries of continence aids and supplies to 740 older people during the year.</p> <p><i>Housing options service</i> We have provided advice, help and support to 129 older people over the last year to allow them to make informed decisions about their future housing needs.</p> <p><i>Gardening services</i> Our gardening services carried out regular gardening maintenance for 145 older people during the year and carried out a major garden creation project at a sheltered housing complex.</p> <p><i>Advice and enquiries</i> Our reception service provided advice to 5552 people over the year.</p>
	<p>Keeping House is committed to ensuring that older people and disabled people can access good quality domestic services which enable them to remain living independently for as long as possible.</p> <p>It aims to develop and support good quality domestic services which are:</p> <ul style="list-style-type: none"> • Person-centred

	<ul style="list-style-type: none"> • Reliable • Flexible • Affordable • Easily accessed by anyone who wants them • Culturally appropriate. <p>The Keeping House directory and quality standard were recently contracted out to an independent voluntary organisation - Care & Repair - which will continue to promote the directory as a key resource list of quality checked domestic service providers across the city. Keeping House continues to invest in the development of social enterprises as providers of quality domestic services.</p> <p>Keeping House has begun to implement the Keeping House Development Plan 2008–13 which sets out the long term vision for Keeping House, including the establishment of Keeping House as an independent organisation.</p>
	<p>Representatives from the Leeds ALMOs have become engaged with the Healthy and Active Life for Older People’s Partnership and are delivering against the Older Better strategy. WNW Homes has developed a health and wellbeing action plan. Aire Valley Homes has included messages from Older Better in its supported living plans and invited a speaker to talk to all sheltered housing wardens about the Older Better agenda and to take up practical ideas of how to support older people.</p>
<p>Live in safe neighbourhoods</p>	<p>A wide range of intergenerational work has been delivered including the following:</p> <ul style="list-style-type: none"> • The Building Bridges 2 resource pack has been developed and was launched in October. Training is being rolled out into Leeds secondary schools • Four themed citywide network meetings were held • A second training session with Magic Me was delivered to 20 people • A training session on ‘Evaluating Your Intergenerational Project’ was delivered with the Centre for Intergenerational Practice and Age Concern England for 20 people • An intergenerational resource pack was developed and published • A strategic action plan for intergenerational work was initiated in May and discussions have been held with the Beth Johnson Foundation/Centre for Intergenerational Practice to secure their support to help Leeds develop a more strategic

	<p>approach to developing intergenerational work in Leeds. Intergenerational work has been included in the job description of the Principal Officer Health and Wellbeing in Later Life post and more hours have been allocated to this post which has now been recruited to.</p>
<p>Are able to get out and about</p>	<p>A new statutory training requirement came into force in September 2008, The Driver Certificate of Professional Competence September 2008. The recognised qualification for bus drivers which enables them to meet their driver CPC is NVQ Level 2 in PCV driving for bus and coach drivers. Metro has joined forces with Huddersfield College and Aberdeen Skills and Enterprise Training to provide the NVQ Level 2 in PCV driving for bus and coach drivers. This joint approach will allow Metro to help raise the skill levels of bus drivers in the region and provides much needed support to the smaller operators. To date over 150 drivers have started this learning process. The NVQ is made up of a number of core modules including a module that covers in detail the needs of different passengers that drivers encounter.</p>
<p>Ensure older people are, or continue to be, actively involved in planning and decision making that affects them.</p>	<p>The Healthy and Active Life Group for Older People has been grateful for the representation and input from older people through Alix Joseph, supported by Leeds Older People's Forum.</p> <p>The Physical Activity and Older People Working Group has been grateful of the representation and input from older people from Irene Wyatt.</p> <p>Older people were involved in the Partnerships for Older People's Project in three ways, there was a POPP programme board which had older representatives, individual project steering groups had older representatives and older people were also represented at the national service user and carer evaluation event of the programme.</p>
<p>Are not discriminated against on the grounds of their age</p>	<p>Leeds won the National NHS Health and Social Care Award for its work on Dignity in Care and work has continued to expand the dignity campaign and to embed dignity in day to day practice. Firstly, fostering cultural change through the use of social marketing using posters and postcards. The Dignity Campaign has now included the production of radio adverts. These went out across Leeds in October and November. We have also produced leaflets encouraging people to complain about examples of poor practice in regard to dignity in care. Secondly, achieving 'top-to-bottom' organisational action. Organisations have set up internal task groups</p>

for implementation, using 'essence of care' groups within NHS organisations and 'dignity' has become a standing item on the meetings of the partnerships structures. Thirdly, audit tools continue to be used to drive up standards on hospital wards and in primary care settings, whereby patients, carers and staff provided information and feedback and improvement plans implemented. Fourthly, the use of dignity as an outcome measure. Performance Indicators have now been developed, related to the dignity standards, and these are being used within contracts with care providers and as part of the basis for service reviews. Finally, national interest has resulted in Leeds presenting at a number of key national conferences, including a presentation on the Scrutiny Board Inquiry itself, at the Directors of Adult and Children's National Conference this year. The NHS National Institute for Innovation and Improvement has produced a case study on Leeds, and the Department of Health has commissioned three short films about the work in Leeds to be distributed as podcasts.

The Positive Images Collection has continued to be developed. Part of the agreement with older people featured in photographs was that the images would be replaced after three years, and many of the collections are three years old now. A programme of photography has been planned, photos have been taken of older people performing, older people working in charity shops and older people gardening. A website has been commissioned by the Older People's Strategic Partnership and developed to streamline and broaden access within Leeds to the collection. This will be launched early next year.

NHS Leeds commissioned Women's Health Matters to provide a range of 'Domestic Violence Education and Support Group' services to women of all age groups. This included supporting the launch of the findings of the Purple Project by funding the Life Channel to run a short TV advert on Healthy Living TV in 80 surgeries across Leeds to help raise awareness on domestic violence in older women and the support available through Women's Health Matters.

A leaflet has been developed to support older people to challenge age discrimination in the media. 2000 copies have been printed and widely circulated. The leaflet has been endorsed by Dame Joan Bakewell and includes information on how to complain as well as the

	<p>opportunity to become part of a media minders network linked to the Infostore website.</p> <p>Leeds celebrated International Day of Older People from October 6–10 2008, with a week of 41 community events (preceded by a week of events at the All Being Well Market Stall on Kirkgate Market in Leeds). The events in the 2008 community week were varied and inclusive – many of the events being open events for all older people to attend – and included: tea dances, community parties, art workshops, lunches out, dance events, healthy living fairs and awareness training courses. IDOP was launched at Leeds Central Library on the 3rd October, with 50 people in attendance, including performances from Heydays, Leeds Black Elders Association and Frederick Hurdle Day Centre, and a speech on intergenerational work in Leeds.</p>
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4. Leeds Community Care Fund

Older Better jointly supports the Leeds Community Care Fund with Help the Aged. The aim is to provide small, one-off grants for voluntary organisations who work with older people. There is £10,000 to allocate annually, funded jointly by Help the Aged, Adult Social Care and Older Better. The following work was funded in 2008/9.

Crossgates and District Good Neighbours Scheme	Creative writing sessions
Arthington Social and Welfare Club	Transport
Alzheimers Society (Armley Grange Day Centre)	Start up costs for pamper room
Drighlington Pensioners Association	Speakers running costs
Bhojan Sangem Group	Speakers and transport
Meanwood Elders Neighbourhood Action	Transport for Sunday lunch club
OPAL	Health and wellbeing event 10 th October
STEP	October event
Whincup Gardens Lunch Club	Towards running costs
The Smile Project	Towards outings and Christmas party
North Seacroft Good Neighbours Scheme	Purchase computer/intergenerational work
Otley Action for Older People	Room hire and transport start up coffee mornings
Richmond Hill Elderly Action	Sessional worker friendship group
Stanningley and Swinnow Live at Home Scheme	Towards trip
Burmantofts Senior Action	Towards heritage and arts group
Swarcliffe Good Neighbours Scheme	Towards lunch club equipment
Faith in Elderly People	Training modules dementia and care
Neighbourhood Elders Team	Develop bereavement support group
Leeds Jewish Care Services	Develop Tai Chi classes
Leeds West Indian Centre Women's Group	Black History Month and benevolent project

Richmond Hill Elderly Action	Transport for Christmas shopping
Leeds Black Elders	Wheelchair exercise
Rothwell Live at Home Scheme	Key fobs – personal safety project
Holbeck Elderly Aid	Newsletter
Hawksworth Older People's Support	Volunteer transport for medical appointments
Neighbourhood Action in Farnley	Swimming club
Rothwell Christmas Day hospitality Lunch	Christmas Day festivities
At Aidans Christmas Day Project	Christmas Day festivities
New Testament of God	Christmas Day meal and take home meal for Boxing Day
Sumangal Group	Christmas Day festivity
Neighbourhood Action Farnley	Contribution to 2x chaired-based sessions 48 weeks
String of Life	Christmas Day lunch and festivity
Hibiscus Carers Support	Facilitate six reminiscence sessions plus costs
All Hallows Church and community Project	Christmas Day festivities
West Indian Family Counselling and Luncheon club	Equipment for lunch club
Caring Together in Little London	20x fitness sessions
Burmantofts Friendship Group	Craft and holistic therapist sessions
Thursday Lunch Club (BEA)	Lunch Club
Crossgates and District Good Neighbours Scheme	Pilot swimming lessons and transport
FDM	Software for MIDAS training community transport
Holbeck Elderly Aid	Carers group running costs
Total:	£13,008

Partners

Name	Job title	Organisation
Alex Hammond	Health Improvement Specialist – Physical Activity	NHS Leeds
Alix Joseph	Older Person's Representative	Leeds Older People's Forum
Angela Cawthra	Project Manager	Leeds Older People's Forum
Ann Day	Neighbourhood Renewal Manager	Leeds Library Service
Ayeesha Lewis	Health Improvement Specialist	NHS Leeds
Barbara Bailey	Volunteer Coordinator	Leeds Library Service
Bill Rollinson	Director	Care & Repair
Caroline Starkey	Deputy Manager	Leeds Older People's Forum (part of year)
Caroline Starkey	Principal Officer Health and Well-being in Later Life	Adult Social Care (part of year)
Carol McGrath	Older Peoples Commissioning Officer	Adult Social Care
Carol Wardman	Chief Executive	Age Concern
Catherine Ward	Health Improvement Specialist	NHS Leeds
Charlotte Hanson	Health Improvement Specialist	NHS Leeds
Charlotte Orton	Health Improvement Specialist	NHS Leeds
Chris Dunne	Older Peoples Commissioning Officer	Adult Social Care
Chris Taylor	Assistant Director, Corporate Development	Metro
Corrina Lawrence	Manager	Feel Good Factor
Dave Goodacre	Extend Trainer	Extend
Dianne Moutrey	Cluster Manager Mobile Services	Leeds Library Service
Elaine Ryder	Business and Contracts Officer	Adult Social Care
Gary Evans	Process Manager At Home Service	Leeds Library Service
Irene Wyatt	Older People's Representative	Leeds Older People's Reference Group
Janet Smith	Health Improvement Officer	Leeds City Council
Jason Tutin	Learning Coordinator	Leeds Library Service

Jenny Thornton	Project Manager	Leeds Partnership Foundation Trust
Jean Townsend	Research Officer	Leeds University
Jessica Brooks	Administrator	NHS Leeds
Jo Hoskins	Policy and Information Officer	Development Department, Leeds City Council
John Keady	Fares and Pricing Systems Manager	Metro
John Lawton	Regional Development Officer	NIACE
Joy Marshall	Linkage Plus Manager	Adult Social Care
Kate Parsons	All Being Well Stall Market Coordinator	East Leeds Health for All
Kathy Flood	Area Operational Manager	Leeds Library Service
Kathryn Ingold	Older People's Lead	NHS Leeds
Kirsty Jewitt	Welfare Visits Team Leader	Leeds Benefits Agency
Lisa Mallinson	Joint Planning Officer - Health and Wellbeing	Healthy Leeds Partnership
Lorraine Shuker	Health Improvement Specialist	NHS Leeds
Lynette Faulkner	Information Development Manager	Leeds Libraries
Michelle Atkinson	Principle Officer	Adult Social Care
Mick Ward	Head of Partnerships and Development	PCT/Leeds City Council
Mike Sells	Communications Lead	Adult Social Care
Mike Simpkin	Public Health Strategy Manger	Leeds City Council
Mima Cattan	Reader in Health Promotion (Healthy Ageing)	Leeds Metropolitan University
Norma Thompson	Health Inequalities Manager	NHS Leeds
Pat Goodacre	Extend Trainer	Extend Organisation
Rob Cook	Communications Team	Adult Social Care
Sandra Leviers	Territory Manager	WRVS
Shaun Kelly	Finance Manager (Welfare Benefits)	Adult Social Care
Stefan Taylor	Physical Activity Manager	Leeds City Council/NHS Leeds
Stephanie Jorysz	Health Improvement Specialist	NHS Leeds
Susan Chesters	Chair	Leeds Older People's Forum
Susan Gamblen	Adult Commissioning Manager	Adult Social Care
Wesley Grant	Manager	Leeds Older People's Forum