



Older Better:

A strategy to promote a healthy and active life for older people in Leeds

Annual work plan
year four:

April 2009–March 2010



Contacts

The delivery of Older Better is led by two posts:

Kathryn Ingold

Public Health Older Peoples Lead

NHS Leeds Public Health Directorate

tel: 0113 305 7602, email: kathryn.ingold@nhsleeds.nhs.uk

Caroline Starkey

Principal Officer for Health and Wellbeing (Later Life)

Adult Social Care, Leeds City Council

tel: 0113 247 8237, email: caroline.starkey@leeds.gov.uk

1. Background

The vision of the Older Better strategy is that a life worth living for older people in Leeds is one where they are respected and included; their contributions are acknowledged and they are enabled to remain independent and enjoy as good mental and physical health as possible. The aim is to promote a healthy and active life for older people in Leeds, by providing leadership to influence policy and practice, and supporting partners to deliver coordinated action to enable the strategy priority areas to be met. The strategy contains ten priorities, by 2011, all older people in Leeds:

- Have access to comfortable and secure homes
- Have an adequate income
- Live in safe neighbourhoods
- Are able to get out and about
- Have the opportunity to develop and maintain friendships
- Have access to learning and leisure
- Are able to keep active and healthy
- Have access to good relevant information
- Are actively involved in planning and decision making that affects them
- Are not discriminated against on the grounds of their age.

The task of promoting a healthy and active life for older people is extremely broad. It requires strong leadership and ownership from a range of organisations and individuals. Both the task and resources have, and will continue to develop over time. Therefore the strategy is being delivered in three ways:

- through annual work plans, including commissioning work which supports our priorities and commissioning approach;
- through seeking out and taking advantage of new opportunities; and
- influencing colleagues to incorporate action to deliver the strategy in their own plans.

Delivery of year three of the Older Better strategy will be overseen by the Leeds Healthy and Active Life Group for Older People.

Details of the group are included in appendix one.

The year four annual work plan prioritises work to:

- Tackle social isolation, by increasing the opportunity to develop and maintain friendships and access to learning and leisure;
- Enable older people to keep active and healthy; and
- Ensure older people live in safe neighbourhoods, through delivering intergenerational work.

These actions are outlined in the table below. Appendix two lists partners delivering this year's work plan.

2. Opportunities in year four:

2.1 Targets

There are a number of national and local targets that the delivery of Older Better will support the achievement of. These include:

NHS Leeds Priorities

- PCT Priority 1: saving lives and reducing health inequalities
- PCT Priority 2: improving health and well being and health care
- PCT Priority 3: responding to changing population needs

In addition the delivery of the targets within Older Better will support 'Care Closer to Home' a major NHS Leeds Programme.

Public Service Agreement targets

- PSA 17 Tackle poverty and promote greater independence and wellbeing in later life
- The NHS operating framework Vital Signs targets
- Healthy Life Expectancy at age 65
- All age all cause mortality rate per 100,000 population

The Local Government National Indicators

- NI 137 Healthy life expectancy at age 65 PSA 17
- NI 138 Satisfaction of people over 65 with both home and neighbourhood PSA 17
- NI 139 People over 65 who say that they receive the information, assistance and support needed to exercise choice and control to live independently PSA 17

2.2 Ageing society and Cities in Balance

The ageing population is becoming recognised as one of the major challenges facing society now and in the future, and in response the government is launching a new national ageing strategy during 2009. In Leeds, we are starting to look more closely at what an 'age friendly' city might look like, and what this means we need to be doing over the next few years. This obviously needs to build on what we have done so far, particularly in relation to Older Better, but also look as broadly as possible at what this means for the city as a whole. Work has therefore now begun to develop a strategy to support Leeds becoming 'A City for All Ages'.

At the same time we have been successfully in attracting European funding as one of nine cities part of a project called Cities in Balance, which aims to develop good practice and resources to support cities across north west Europe adapt to an ageing population. Cities in Balance will provide some additional resources for work in Leeds and specifically to ensure that as people age, they and their families have access to good information. This will mean resources to support more local people using the *Infostore*, and developing its potential, for example as an interactive tool to ensure it is up-to-date and responsive to what people need as they age.

2.3 Strategic health partnership work in Leeds

The Older Better strategy feeds into the Healthy Leeds Partnership, which is one of eight strategy groups within the Leeds Initiative (the Local Strategic Partnership). The partnership is responsible for developing and driving forward the health and wellbeing elements of the Leeds Strategic Plan/Local Area Agreement (2008-11) which itself draws on the Vision for Leeds 2004 to 2020 (the community strategy). The Healthy Leeds Partnership provides the overall context for the operations of the new Strategic Commissioning Executive and will monitor performance in achieving outcomes. It will also provide the link between city-wide strategy and delivery at a local level through district partnerships and other locality forums and partnerships. Older Better feeds

directly into the Healthy Leeds Partnership Plan (2009–12), which in turn has 10 health and wellbeing improvement priorities from the Leeds Strategic Plan. Older Better via the Older People’s Strategic Partnership will report directly into the Priority Groups Commissioning Sub-group of the Strategic Commissioning Executive and will also inform and be informed by the work of the Promoting Health Sub-group.

2.4 Commissioning priorities

Commissioning for health and wellbeing means involving the local community to provide services that meet their needs beyond just treating them when they are ill, but also keeping them healthy and independent, giving choice in care services, delivering services closer to home and to tackling inequalities with a particular focus on partnership.

Nevertheless, our health and social care services are still too focused on commissioning for volume and price, rather than for quality and outcomes. Too much long-term care is provided in institutional settings. Health inequalities still exist. There is too much of a focus on treating illness rather than preventing it.

We now need to keep the focus on people – not just people who are ill, but everybody. And we need to look further than just physical health problems, to promote wellbeing, which includes social care, work, housing and all the other elements that build a sustainable community.

We will use ‘World Class Commissioning’ to help us meet new challenges by taking a strategic and long term approach to commissioning, with a clear focus on delivering improved health outcomes. We will work with local partners to develop open and innovative partnerships. Together we will make informed choices about local priorities and how best to deliver them. We will use an evidence-based approach equipped with a clear understanding of current and future needs enabling us to achieve continuous improvement.

Through Older Better, we intend to:

1. Put people at the centre of commissioning, giving them greater choice and control over services and access to good information to support their choices.

2. Understand the needs of populations and individuals – we will use the Joint Strategic Needs Assessment to better understand the needs of individuals and communities.
3. Share and use information more effectively – we will encourage individuals and communities to be co-producers of information.
4. Drive for continuous improvement through support for innovative initiatives in health and wellbeing, with the aim of significantly improving health and wellbeing outcomes.

During 2009–10 both Leeds PCT and Adult Social Care (ASC) are reviewing their commissioning arrangements with voluntary sector partners. The largest group of organisations relevant to Older Better are the Neighbourhood Network Schemes. This review of commissioning has potential benefits to older people and the schemes as well as ensuring closer alignment with the PCT and ASC priorities; however this may feel a challenging time for the schemes and this is acknowledged. The aspirations set by older people in Older Better will be central to the outcomes negotiated in future service level agreements.

Alongside this, we will continue to develop and engage with Practice Based Commissioning as a way of delivering the health and wellbeing priorities of Older Better.

We will also work towards the transformation of Adult Social Care through Self-Directed Support and will engage with individualised services and empower individuals to have choice and control. This will particularly relate to the promotion of health and wellbeing in later life within Self-Directed Support and encourage targeted dissemination of information about the wide range of preventative services available in Leeds.

We will also ensure that developments in health and wellbeing in later life will support the safeguarding of vulnerable adults and children, particularly in relation to raising awareness of safeguarding arrangements in Leeds.

3. Influencing colleagues to deliver

As the general policy agenda nationally moves towards investing in wellbeing and quality of life, preventing the need for more intensive services, the challenge for colleagues delivering Older Better is how to ensure that this shift is reflected in the plans for our own organisations.

In addition colleagues will continue to be influenced to incorporate action to deliver the strategy in their own plans. Key actions partners are planning for 2009–10 are:

- **Leeds Library Service** – review of the Mobile Library Service (Ann Day, Neighbourhood Renewal Manager).
- **Learning and Leisure** – supporting the development of a healthy workplace for an ageing workforce with links to physical activity.
- **Leeds Older People’s Forum** – developing and publishing the Guide to Leeds for Older People.
- **Leeds University** - joint organisation of the Leeds Healthy Ageing Seminar series, review of the evidence on outcomes of preventive interventions in social care for older people, qualitative research on choices and life quality as part of a large scale study on dentures for older people (with the School of Dentistry).
- **Leeds Metropolitan University** – Centre for Health Promotion Research supports the life long health and wellbeing network, a sight loss and older people research project, a seminar series on healthy ageing.
- **Adult Social Care** – developing the new ‘ageing society’ strategy.
- **Leeds City Council/Leeds Initiative** – 2009 Health and Wellbeing Plan, including links to Older Better and older people’s health and wellbeing.
- **Leeds University** – developing the Big Lottery research bid into social isolation and later life.
- **NHS Leeds** – to enable older people to keep active and healthy by increasing physical activity opportunities and access to healthy food.
- **Leeds Teaching Hospital Trust** – centralising elderly medicine to St. James Hospital, improving the clinical environment for patients, taking into account mixed sex accommodation and infection prevention and control and closer working with the Partnership Foundation Trust.

- **Leeds Partnership Foundation Trust** – Older People’s Mental Health Strategy targeting secondary mental health, with a specific project focussing on psychological, vocational and occupational interventions. Working in partnership for 2009/10 with Arts and Minds exploring opportunities for music and dance workshops with older people.
- **West North West Homes** - promoting independence for sheltered housing customers and safeguarding adults through actions that include reviewing support plans, streamlining referrals, working with commissioners to identify local needs.
- **Aire Valley Homes** – developing the ‘Aire Valley Airings’ Nostalgia Project with Morley Elderly Action, to deliver reminiscence days within sheltered schemes on a rolling programme throughout 2009/10.

4. Overseeing implementation

Implementation of the strategy is being monitored by the Healthy and Active Life for Older People group (further information about this group is in appendix one).

5. Year four work plan

The year four work plan is outlined below.

1. Reduce social isolation and loneliness experienced by older people, incorporating delivery on action towards the following aspirations

- Have the opportunity to develop and maintain friendships
- Have access to learning and leisure

Lead: Caroline Starkey

No.	Task	Action	Lead	Partners	Success criteria	Timescale
1.1	Encourage all staff to reduce the social isolation and loneliness experienced by older people in Leeds through sharing good practice.	Maintaining and developing peer support group	Leeds Older People's Forum	Caroline Starkey	Peer support group maintained for 2009/10.	December 2009.
		Reprint and distribute 3 rd edition of Social Isolation Resource Packs	Leeds Older People's Forum	Caroline Starkey, Charlotte Hanson	1000 Social Isolation Packs re-printed and distributed.	July 2009.
		Highlight the importance of tackling social isolation with the Self-Directed Support Team, particularly the Early Implementers.	Caroline Starkey	Emma Lewis	Early Implementer Team in SDS aware of tackling social isolation.	August 2009.
		Provide at least two training sessions for staff on social isolation.	Charlotte Hanson, Leeds Older	Caroline Starkey	At least two training sessions held.	March 2010

			People's Forum			
1.2	Explore innovative ways to identify socially isolated older people, how to engage them and raise wider awareness of isolation.	Print and distribute a 'What's On Guide to Leeds' for older people – written by older people, for older people.	Leeds Older People's Forum/ Leeds Library and Information Service	Caroline Starkey	What's On Guide produced and disseminated and future plans for guide discussed/agreed.	March 2010.
		Develop a 'pre-retirement' page on InfoStore to assist in effective preparation for retirement.	Caroline Starkey/ Mike Sells	Beth Johnson Foundation Mid-Life Service	Pre-retirement information available for over 50s in Leeds.	March 2010.
		Redesign Mental Health Foundation 'Mental Wellbeing' leaflet for Leeds and include a section on 'social isolation'.	Charlotte Hanson, Jenny Thornton, Louise Morgan	Caroline Starkey	Leaflets redesigned and distributed.	July 2009.
		Produce and distribute 'Health and Wellbeing in Libraries' leaflet to promote inclusion in library services	Ann Day	Caroline Starkey	Leaflets produced and disseminated.	June 2009
1.3	Promote continence support to prevent isolation relating to continence needs and reduce stigma in	Produce toilet directory of Leeds which includes how to refer to the Community Urology and Colorectal Service (CUC).	Charlotte Hanson	CUC Service	Toilet directory created and distributed.	June 2009

	talking about continence issues.					
		Produce a series of posters to challenge the stigma of incontinence to be displayed in public toilets.	Charlotte Hanson	CUC Service	Posters	August 2009
1.4	Highlight the links between social isolation and depression in later life.	Distribute Age Concern England's 'Depression' leaflet.	Charlotte Hanson	Jenny Thornton, Louise Morgan	Leaflets distributed	April 2009
1.5	Increase understanding of groups of older people who may be more at risk of exclusion and isolation.	Commission development project on learning disability and ageing and social isolation in Leeds.	Caroline Starkey, Kathryn Ingold.	Learning Disability Forum, Leeds Older People's Forum	Research report commissioned, completed and launched.	January 2010.
		Commission training toolkit for staff to highlight issues for work with older LGBT communities.	Caroline Starkey, Yorkshire Mesmac	Yorkshire Regional Forum	Research/development project commissioned and undertaken.	July 2009.
1.6	Evaluate how effective our 'first point of contact' services are with older people who are socially isolated	Programme of telephone mystery shopping for all first point of contact services in Leeds, including Contact Leeds, One Stop Centres, NNS etc.	Voluntary sector partner/ Age Concern Leeds	Adult Social Care, NHS Leeds	A group of older mystery shoppers established to anonymously contact front-line organisations to evaluate how	December 2009

					effectively they support social inclusion at first point of contact.	
1.7	Reduce loneliness of older people in care homes	Support for the further development of the Age Concern Befriending in Care Homes project	Age Concern Leeds	Caroline Starkey, Susan Chesters (Relatives and Residents)	Ongoing support for project and plan for future sustainability.	September 2009.
1.8	Support older people to access lifelong learning opportunities	Promote the Gladys Roberts Lifelong Learner awards	Leeds Older People's Forum	IDOP Steering Committee, U3A, Libraries, WEA, Skippko	Gladys Roberts Award winner identified and awarded prize.	October 2009
1.9	Promote opportunities for older people to develop and maintain friendships	To explore the possibility of initiating a Sensis training programme in Leeds for older people with visual impairment	Penny Redwood (RNIB)	Caroline Starkey	Sensis Friendship training sessions developed.	October 2009
1.10	Explore the use of new technology and social inclusion	Develop 'Computer Buddies' pilot scheme, looking at computer skills and social networking.	Ann Day, Mike Sells	Caroline Starkey	Computer Buddies Pilot Scheme established	November 2009
		Further development of the InfoStore – training older people to use InfoStore in settings such as sheltered housing and	Sally Boyes		InfoStore training completed	March 2010

		care homes.				
1.11	Increase knowledge about what works with older people who are socially isolated/hard to reach	Apply for big lottery research grant	Leeds Older People's Forum	Leeds University, Leeds Metropolitan University.	Bid to Big Lottery submitted	May 2009
1.12	Support voluntary and community organisations to provide activities that target social isolation, alongside other Older Better priorities.	Re-name the Community Care Fund to Healthy and Active Life Grants, support Help the Aged/Age Concern to deliver small grants to local organisations to support Older Better priorities.	Barbara Burnley	Caroline Starkey, Sue Gamblen.	Healthy and Active Life Grants rebranded, advertised and distributed.	July 2009.

2. Enable older people to keep active and healthy by increasing physical activity opportunities and access to healthy food
Lead: Ayesha Charles

No.	Task	Action	Lead	Partners	Success criteria	Timescale
2.1	Increase older people's access to dance opportunities in Leeds	Further develop the Leeds Older People's Dance Network	AL		Paper written on feasibility of rolling out the DAZL model to older people, including pros and cons and an action plan	December 2009
		Produce a toolkit (based on the sloppy slipper toolkit model) to support organisations to run dance events for older people	AL	HS	Toolkit published and disseminated	March 2010
2.2	Ensure older people have access to gentle exercise classes	Continue to support the Extend trainers network	AL	JS		
		Commission a new cohort of Extend trainers to work exclusively in care homes attached to a pre and post evaluation project measuring the impact on older people in care homes	JS	MW	Extend training course commissioned, trainers trained, active in Leeds care homes, pre	March 2010

					and post evaluation study in place.	
		Support H3+ PBC consortia to roll out commissioning of gentle exercise classes in partnership with NNS	AL			
2.3	Ensure older people are enabled to take up the offer of free swimming	Social marketing campaign Free Leeds Cards to older people living in the 20 per cent most deprived SOAs	JR	AL	Effective monitoring of uptake of free swimming. Report presented to the Healthy and Active Life Group for Older People	March 2010
2.4	Ensure older people have access to full information on physical activity opportunities	Commission a research project to pull together all information available on physical activity opportunities for older people	ST	EC AH	Full information is available and published on the Infostore and Leeds Guide for Older People	March 2010
2.5	Ensure older people have access to healthy food	Implement recommendations on shopping and older people from Charlotte Hanson's paper.	AL		Offer an action focused training session to all NNS to share models of good practice re making links between older people and local shops	January 2010
		Ensure findings from research into older peoples food access in	AL		Research findings effectively	October 2009

		Richmond Hill are disseminated to: area management team, Transport Access Group, area-based PCT public health colleagues, Neighbourhood Network Schemes, Adult Social Care luncheon club commissioners.			disseminated	
2.6	Ensure strategic links are made between older people and food	Ayeesha Lewis to sit on the Healthy and Active Life Group for Older People and the Food Strategy group to provide advice and consultancy to both groups and coordinate work plans	AL	EC	Older people included on the food agenda, food included on the older people agenda	March 2010
		Keep food map up-to-date with information on older people and food access, use it to identify gaps in provision to raise at the food strategy group	AL	ES	Food map up to date, gaps raised with the food strategy group, action to plug gaps planned and implemented.	March 2010
2.7	Ensure the Leeds workforce is up to date on issues around food and older people	Develop, plan and commission or deliver training on malnutrition to care services, LTHT and ASC staff	EC	CF	Workers trained	March 2010
		Offer training to frontline workers (VCFS and ALMO sheltered housing wardens) on healthy eating	AL	EC	Workers trained	February 2010
		Offer train the trainer training sessions	ES and AH		2 courses planned,	March 2010

		on Healthy Living for Life (food hygiene, eat well plate, physical activity toolkit) to NNS			open to all NNS	
2.8	Ensure older people and carers of older people have full information on healthy eating	Disseminate information on malnutrition and the importance of eating well to older people and carers for older people	AL	EC	Information disseminated and promoted on InfoStore	
2.9	Continue to increase capacity in the community for older people to be supported to take part in regular physical activity	Run classes for older people as part of the Older and Active in Leeds programme and signpost older people to existing physical activity opportunities	HS	OPPA group	Train 15 Community Health Trainers. Recruit 50 Activators. At least 75 older people attend specialist activity programme.	March 2010

3. Ensure older people live in safe neighbourhoods, through delivering intergenerational work
Lead: Caroline Starkey

No.	Task	Action	Lead	Partners	Success criteria	Timescale
3.1	Support organisations in Leeds to operate intergenerational initiatives	Support the running of the Neighbourhoods for All Ages (NAA) Network for Leeds organisations through: <ul style="list-style-type: none"> a) Ongoing management of the Neighbourhoods for All Ages Network Steering Group through bi-monthly meetings b) Quarterly NAA meetings c) Facilitation of training sessions for NAA members d) Quarterly newsletter to NAA members 	Caroline Starkey	Ann Day (Learning and Leisure) Sufia Khan (Environment and Neighbourhoods)	NAA Network meets quarterly, NAA Steering Group meets bi-monthly, quarterly e-newsletter.	March 2010.
3.2	Promote the development of intergenerational work in Leeds	Develop a Leeds Intergenerational Strategy/Strategic Action Plan, initially by hosting a round table, strategic, cross-agency discussion.	Caroline Starkey	Alan Hatton-Yeo (Centre for Intergenerational Practice)	Intergenerational Strategic Action Plan produced and launched.	October 2009 (discussions) April 2010 (Strategy Launch)

		Distribute the 'Getting Started in Leeds' resource pack to local organisations/practitioners	Sufia Khan	Caroline Starkey	Resource pack advertised and distributed as required	July 2009
		Develop Neighbourhoods for All Ages leaflet and webpage, linked to InfoStore.	Caroline Starkey	NAA Network	Leaflet and webpage developed and promoted	November 2009
		Revisit mapping exercise and identify where there are gaps in provision of intergenerational work.	Sufia Khan	NAA Network	Mapping document updated	April 2010
		Work with Community Intelligence (Environment and Neighbourhoods) to monitor intergenerational tensions in Leeds.	David Jackson	Caroline Starkey	Statistics gathered every 6 months.	May 2009
3.3	Celebrate the success of Intergenerational Work in Leeds	Develop a 'Leeds for All Ages' week-long Festival to coincide with the 2 nd European Day of Solidarity Between Generations (April 2010) and launch Intergenerational Strategy for Leeds.	Caroline Starkey	NAA Steering Group, Alan Hatton-Yeo	Leeds for All Ages Festival planned	March 2010
3.4	Promote intergenerational work in schools	Support and promote the implementation of Building Bridges 1 and 2 for Leeds schools	Bronwen Holden, Sean Duggan	NAA Steering Group /Network	Building Bridges 1 and 2 operational in Leeds schools.	August 2009
3.5	Improve the health and wellbeing of both older and younger people through a targeted	Support the development of a city-wide intergenerational project promoting communication between generations through Heydays and First Floor (West Yorkshire	Nicky Taylor/ Ruth Hannant (West	Kathryn Ingold/ Caroline Starkey	'Connected: The Voice of Generations' developed and showcased in 4	June 2009

	initiative increasing social interaction	Playhouse)	Yorkshire Playhouse)		areas of Leeds	
3.6	Leeds cultural facilities engaged in intergenerational initiatives	Support Leeds Libraries and Leeds Museum to develop intergenerational initiatives across Leeds	Ann Day, Esther Hughes	Caroline Starkey	Leeds Museum develop intergenerational initiatives	December 2009

4. In addition the following work will be delivered to meet the remaining Older Better aspirations:

4.1 Have an adequate income

- Support the Leeds Libraries financial information services
- Support the Help the Aged/Barclays Bank/Leeds Older People's Forum 'Your Money Matters' Project
- Support to the Leeds Benefits Service on publicising particular initiatives

4.2 Are able to get out and about

- Support the work of the Transport Access Group
- Support the work of Metro in the promotion of free travel for the over 60s

4.3 Have access to good relevant information

- Develop and publish a Guide to Leeds for Older People
- 3rd edition of the Social Isolation Resource Pack printed and distributed
- Continue to promote the use of the E-Group for professionals
- Continue to develop the InfoStore website, particularly the interactive elements. (Many of the elements of Section 1, 2 and 3 above will be supported and enhanced by good information and links on the InfoStore.)
- Provide more support/training/equipment to partner organisations and establishments to encourage more use and involvement of the InfoStore.
- Review and evaluate the use of the InfoStore website and other information sources fro older people
- Support the Cities in Balance project

4.4 Are not discriminated against on the grounds of their age

- Publish and disseminate a leaflet to challenge ageism in the media
- Promote the media minders network
- Launch the Positive Images Collection Website
- Support International Day of Older People 2009
- Develop European Day of Solidarity Between Generations (Leeds for All Ages Festival) 29th April 2010
- Support the publicity of the Equality Bill and Equality Hubs

4.5 Have access to comfortable secure homes

- Support Care & Repair's actions to continue to development and implement of services for older people including: Falls prevention service, home maintenance service, housing options service, disabled adaptations service, gardening services, handyman services, home security improvements, home delivery service for continence aids, advice and information and energy efficiency advice.
- Support the development of the Keeping House Foundation and the services for older and disabled people in Leeds in relation to social enterprises for domestic support.
- Support to telecare mainstreaming and equipment services.
- Support West North West Homes to access the Sloppy Slipper Campaign
- Support the Health through Warmth and Fuel Poverty campaigns

4.6 Are actively involved in decision making that effects them

- Support the development of the Equality Hubs and Senior Council in Leeds
- Through commissioned projects with seldom heard groups, such as older LGBT communities and older people with learning disabilities
- Support for the Meaning in Later Life Group at Leeds Older People's Forum
- Support to the development of the Ageing Society Agenda for Leeds.
- Support to the Leeds Metropolitan University Mental Health and Wellbeing Network and the Leeds Metropolitan University/Thomas Pocklington Trust Sight Loss Research Group

Appendix one

Healthy and Active Life Group for Older People Terms of reference and membership

Terms of reference

1. To provide strategic advice, influence and leadership based on Older Better, the Leeds Strategy for promoting healthy and active life in older age 2006-11
2. To lead on implementing the group's annual action plans derived from Older Better
3. To inform and support the Older People's Strategic Partnership and the Healthy Leeds Partnership of Leeds Initiative in ensuring the health, wellbeing and active citizenship of older people is prioritised within partners' agendas
4. To ensure older people are involved in all planning and decision making which impacts on their health and active life
5. To ensure the effective implementation and performance management of commissioned services

Reporting mechanisms

The group reports to the Older People's Strategic Partnership and to the Priority Groups Sub-group of the Healthy Leeds Partnership of the Leeds Initiative.

Membership

Alison Raycraft	Leeds Teaching Hospitals Trust
Allyson Hargreaves	Leeds Partnership Foundation Trust
Alix Joseph	Leeds Older People's Forum
Ann Day	Leeds Libraries, Neighbourhood Renewal Manager
Ayeesha Lewis	Leeds PCT Health Improvement Specialist (Physical Activity and Food)
Barbara Burnley	Help the Aged, Regional Development Manager
Caroline Starkey	Principal Officer, Health and Wellbeing (Later Life)
Charlotte Hanson	Leeds PCT Health Improvement Specialist (Mental Health)
Jean Townsend	University of Leeds
Joy Marshall	Project Manager, Later Life, Adult Social Care

Karen Craig	Aire Valley Homes
Kathryn Ingold	Leeds PCT Public Health, Older Peoples Lead
Mandy Vowles	West North West ALMO
Melanie Ndzinga	Age Concern, Future Years Regional Development Officer
Mick Ward	Older People's Strategic Partnership, Manager
Catherine Ward	Leeds PCT Emotional Health and Wellbeing Lead
Mike Simpkin	Leeds City Council Public Health Strategy Manager
Mima Cattan	Leeds Metropolitan University
Rob Cook	Adult Social Care, Link Age Plus
Stefan Taylor	Leeds PCT and Leeds City Council Physical Activity Manager
Sue Gamblen	Adult Social Care, Commissioning Manager
Sue Whitworth	Leeds Partnership Foundation Trust
Wesley Grant	Leeds Older Peoples Forum, Manager
Hillary Stoddart	Feel Good Factor

Appendix Two Work plan partners

Name	Job Title	Organisation
Alex Hammond	Health Improvement Specialist	NHS Leeds
Ayeesha Lewis	Health Improvement Specialist	NHS Leeds
Caroline Starkey	Principal Officer, Health and Wellbeing (Later Life) Adult Social Care	Leeds City Council
Celia Fermin	Manager	NHS Dietetics Service
Charlotte Hanson	Health Improvement Specialist	NHS Leeds
Emma Croft	Obesity Lead	NHS Leeds
Emma Stracken	Health Improvement Specialist	NHS Leeds
Hilary Stoddart	Project Manager	Feel Good Factor
James Richardson	Principle Service Development Officer	Leeds City Council
Janet Smith	Health Improvement Specialist	Leeds City Council
John England	Deputy Director, Adult Social Care	Leeds City Council
Joy Marshall	Project Manager (Later Life), Adult Social Care	Leeds City Council
Kathryn Ingold	Older People's Lead	NHS Leeds
Mick Ward	Manager	Leeds Older Peoples Strategic Partnership
Mike Sells	Communications Manager	Leeds City Council
Stefan Taylor	Physical Activity Manager	Leeds City Council and NHS Leeds
Susan Chesters	Older Person	Leeds Older Peoples Forum
Wesley Grant	Manager	Leeds Older Peoples Forum